

2010 Nashville Mission

What to Bring:

- Sleeping bag or sheets
- Blanket & pillow
- Towels & washcloths
- Swimsuit & shower shoes
- Toothpaste & toothbrush
- Soap & shampoo
- Any prescription medication
- Laundry/plastic bags for dirty clothes
- Long jeans/ pants & shorts (Long pants are needed at some of the work sites due to working in tall grass. Please bring modest length shorts. We've had some people sent back to the camp because their shorts were too short at the work sites.)
- Socks
- Pajamas
- Work shirts
- Work gloves
- Work boots or sturdy shoes
- Water bottle
- Bible
- Jacket
- Sunglasses
- Sunscreen
- Insect Repellent
- Bandannas, a hat, or visor
- Flashlight
- Free time "toy" to share (playing cards, games, balls, bats)
- Tools: paint brushes, rakes, shovels, hammers, mallets, chisels
- Camera*
- GPS (recommended for drivers)*
- Mirror*
- Rain gear*
- Musical instruments*
- Alarm clock* (battery powered)
- Spending money*

*Optional items

What Not To Bring:

- Alcohol, tobacco products, or illegal drugs
- Expensive jewelry or clothes
- Computers, electronics, games, or anything real valuable
- Fireworks, weapons, or guns
- Skimpy or revealing clothes
- MP3 players, cell phones, iPods. We prefer you leave these items at home for security purposes and because they interfere with meeting new friends. But if you do bring any of these items with you, they may only be used in your sleeping room-not on project sites, during programs, or in public areas.

Item To Bring As A Group:

- **Money** to be used for purchasing canned food once we get to Nashville. This food will be donated to a local food agency.

Optional Item:

- **Used (re-usable shoes)** There is a non-profit organization in Nashville called "Soles for Souls". If, in addition to your canned food donations, your group feels lead to bring used (re-usable) shoes--those would be greatly appreciated and donated to this organization.